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**DR. ASHOK KARAD**

*Clinic: Smile Care*

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## ASHOK KARAD, B.D.S., M.D.S., M.ORTH. RCS(EDIN)

Having completed his post-graduation in the discipline of Orthodontics, Dr. Ashok Karad has maintained a successful private practice in Mumbai since 1992. He is also actively involved in clinical research, continuing education, publication and clinical photography. Dr. Karad has presented several award winning scientific and clinical papers at national and international conferences and conducted various lectures and hands-on courses for Orthodontists in India and abroad. His key areas of interest are orthodontic finishing, adult orthodontics, non-extraction treatment modalities, clinical photography, efficient and effective treatment mechanics to optimize results, and complex cases requiring interdisciplinary dentofacial therapy

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**EDUCATION**

- 1982 Bombay University, BDS
- 1992 Bombay University [Orthodontics], MDS
- 2000 Diplomat, Indian Board of Orthodontics
- 2001 University of Edinburgh, UK, M.Orth.RCS
- 2002 Graduate in Professional Photography, USA

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**POSITIONS HELD**

- Director, Smile Care, Mumbai
- Past Editor-in-Chief, Journal of Indian Orthodontic Society
- Past Chairman, Indian Board of Orthodontics

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**SCIENTIFIC AWARDS**

- 1986 Best Scientific Paper "Integrated Orthodontics and Surgical Correction of Dentofacial Deformities" - Silver Jubilee Dental Conference, Maharashtra State, Mumbai.
- 1987 Best Scientific Paper "Orthodontic Considerations in Treatment of Maxillary Impacted Canines" - 26th Maharashtra State Dental Conference.
- 1993 Best Scientific Paper "Driftodontics - An Analysis of Drift in the Mandibular Dentition following first Premolars Extractions" - Indian Orthodontic Conference, Hyderabad.
- 1995 Best Poster "Defining Individualized Treatment Objectives and Achieving them with Pre-Adjusted Appliance" - Indian Orthodontic Conference, Goa
- 1997 First Prize "Gnathological Positioner - Basic Concepts and Clinical Update" - World Congress on Orthodontics, New Delhi.
- 1999 Best Clinical Paper "Interdisciplinary Dentofacial Therapy - A Treatment Philosophy for Now and the Future" - Indian Orthodontic Conference, Bangalore.
- 1999 Best Poster "Orthodontic Procedures Improving Periodontal Prognosis" - Indian Orthodontic Conference, Bangalore.
- 2009 Best Clinical Innovation Designed a new appliance system, called "KIDS - Karad's integrated Distalization System" to distalize maxillary molars, published in World Journal of Orthodontics, 2008.

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**PHOTOGRAPHY**

- Completed "Graduation in Professional Photography" from the New York Institute of Photography.
- Conducted various courses on "Clinical Photography" for all dental specialties.
- Presentation on principles and techniques of clinical photography at the world of Orthodontic Conference November 2000.

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**CLINICAL INNOVATIONS**

- Designed a new appliance system, called "KIDS - Karad's Integrated Distalization System" to distalize maxillary molars, published in World Journal of Orthodontics, 2008.

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**ORIGINAL PROJECT**

- "An Analysis of Physiologic Drift in Mandibular Dentition following First Premolar Extractions Combined with Pre-Adjusted Appliance Therapy in Maxillary Arch".

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**PUBLICATIONS**

- Published several articles in peer-reviewed Journals
- Contributed many book chapters
- Currently authoring a book titled "Clinical Orthodontics: Current Concepts, Goals and Mechanics" to be published in 2010.



## **SCIENTIFIC PRESENTATIONS**

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- 1986 "Integrated Orthodontic and Surgical Correction of Dentofacial Deformities" - Silver Jubilee Dental Conference, Maharashtra State, Mumbai.
- 1987 "Orthodontic Considerations in Treatment of Maxillary Impacted Canines" - 26th Maharashtra State Dental Conference.
- 1988 "Errors Commonly Found in Management of Removable Orthodontic Appliances" - Indian Dental Conference, Pune.
- 1993 "Driftodontics - An Analysis of Drift in the Mandibular Dentition following first Premolar Extractions" - Indian Orthodontic Conference, Hyderabad.
- 1994 "Contemporary Orthodontic Finishing and Detailing with Pre-adjusted Appliance" - Indian Orthodontic Conference, Kodiakanal.
- 1995 "Orthopedic Approach to Treatment of Class III Malocclusion in Growing Children" - Indian Orthodontic Conference, Lonavala.
- 1995 "Distalization of Molars with Pendulum Appliance" - Indian Orthodontic Conference, Lonavala.
- 1995 "Lingual Retainers - A Concept of Differential Retention" - Indian Orthodontic Conference, Lonavala.
- 1997 "Implementing Molar Distalization Therapy in Clinical Practice" - World Congress on Orthodontics, New Delhi.
- 1997 "Gnathological Positioner - Basic concepts and clinical update" - World Congress on Orthodontics, New Delhi.
- 1998 "Orthos - Achieving scientifically-derived Precision and Improved Clinical Efficiency" - Indian Orthodontic Conference, Goa.
- 1998 "Defining Individualized treatment Objectives and Achieving them with Pre-Adjusted Appliance" - Indian Orthodontic Conference, Goa.
- 1998 "Update your Bonding Protocol to Maximize Clinical Success" - Indian Orthodontic Conference, Goa.
- 1999 "Interdisciplinary Dentofacial Therapy - A Treatment Philosophy for Now and the Future" - Indian Orthodontic Conference, Bangalore.
- 1999 "Orthodontic Procedures Improving Periodontal Prognosis" - Indian Orthodontic Conference, Bangalore.
- 2000 "Orthodontic Management of Deep Overbite" - Indian Orthodontic Conference, Jaipur.
- 2000 "Practical Clinical Photography" - Indian Orthodontic Conference, Jaipur.
- 2001 "Orthodontic Management of Complex Cases" - Indian Orthodontic Society, Midyear Convention, Dubai.
- 2001 "Ortho-perio-restorative Relationships" - Indian Orthodontic Conference and Asian Orthodontic Conference, Cochin
- 2002 "Occlusal Objectives in Orthodontic Treatment" - Indian Orthodontic Society, Postgraduate Student Convention, Mysore.
- 2003 "Finishing goals in Orthodontics" - Indian Orthodontic Society, Postgraduate Student Convention, Belgaum.
- 2004 "Orthopaedic and Orthodontic Approach to Correction of Class II Malocclusion - 8th IOS PG Students Convention, Bangalore.
- 2004 "Australian Society of Orthodontists 19th Biennial Congress" - Adelaide, Australia.
- 2005 "An Interdisciplinary Approach to the Management of Complex Malocclusions" - 9th IOS Students Convention, Dharwad.
- 2005 "Esthetics in Orthodontics: State of the Art" - 3rd World Edgewise Orthodontic Congress (WEOC), 40th Indian Orthodontic Conference (IOC), Chandigarh.
- 2006 "Excellence in Finishing" - current concepts, goals and mechanics - AAO Annual Session, Las Vegas.
- 2006 "Esthetics in Orthodontics" - British Dental Association, Bahrain.
- 2007 "Incisor Positioning for Esthetics, Function and Long-term Stability - 41st Indian Orthodontic Conference (IOC), Chennai.
- 2007 "Recent Advances in Clinical Orthodontics - Making Good Dentistry Better" - IDA, Pune.
- 2008 "Clinical Photography - Capture Perfect Clinical Photos" - Emeritas Dental Association, University of Sharjah, Sharjah.
- 2009 "Digital Photography and Excellence in Finishing" - Orthodontic Study Group, New Delhi.
- 2009 "Orthopaedic and Orthodontic approach to the correction of Class II Malocclusions - Annual Symposium, Loni.
- 2009 "Interdisciplinary Orthodontics" - Midyear Convention, Bangkok.

## **KEYNOTE ADDRESSES**

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- "Molar Distalization - Why, How & For Whom?" - Silver Jubilee Celebrations of Orthodontic Education in Kerala, Trivandrum.
  - "Orthodontic Treatment Strategies for Adult Patients" - Indian Orthodontic Society, Postgraduate Student Convention, Trivandrum.
  - "Non-extraction Treatment with the Pre-Adjusted Appliance" - Indian Orthodontic Society, Postgraduate Student Convention, Trivandrum.
  - "An Interdisciplinary Dentofacial Therapy (IDT)" - Mumbai.
  - "Orthodontics - It's New Role in General Dentistry" - New Jersey, USA
  - "Class III Malocclusion - Orthodontics, Orthopaedics and Surgery" - 37th Indian Orthodontic Conference, Lucknow.
  - "Ortho-Prosthetic Management of Complex Cases" - Invited speaker at Asian Academy of Prosthodontists at Taiwan.
  - "Orthopaedic and Orthodontic Approach to the Correction of Class II Malocclusion" - Australian Society of Orthodontists Adelaide, Australia.
  - "Management of Class II Malocclusion" - Midyear Convention - Daman.
  - "Incisor Positioning for Optimal Esthetics, Function and Stability" - Invited Keynote speaker at the Indian Orthodontic Conference, Chennai, November 2006.
  - "Is your case really finished?" - 12th IOS Postgraduate Student Convention, Pune.
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